# Prayers for Cleansing - Healing - Liberation - Protection

(Please pray aloud! Faith increases by hearing the WORD!!)

Counseling God's Way...Peter said: "Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit..." (Act. 2:38-39). "Repent, therefore, and turn again, that your sins may be blotted out, that times of refreshing may come from the presence of the Lord, and that he may send the Christ appointed for you..." (Act. 3:19-20). John wrote: "...But these are written so that you may believe that Jesus is the Christ, the Son of God and that by believing you may have life in his name" (Joh. 20:30-31). Jesus looked directly at them and said, "...The stone that the builders rejected has become the cornerstone'? Everyone who falls on that stone will be broken to pieces, and when it falls on anyone, it will crush him" (Luk. 20:17-18).

Confession of Faith! [Pray even if you are a Christian.] God, I know I am separated from You because of my sin. The only way to You is through the crucified blood of Jesus Christ. Who died upon the cross for my sins and arose from the dead on the third day, I confess I am a sinner and ask for Your forgiveness and cleansing through my repentance. I now declare, I am going to live the new life that is only found "In Christ." I begin by asking Jesus to show me how to love You with all my heart, with all my soul, with all my mind, and with all my strength. In Jesus' Name, I Pray, AMEN! (From 2 Cor. 2:8-9; Acts 2:28, 3:19-20).

#### **Guarding the Heart and Mind**

How blessed I will be not to walk in the counsel of the wicked, Nor stand in the path of sinners, Nor sit in the seat of mockers! But my delight is in the Word of the LORD, And in His Word, I will meditate upon day and night. I pray that the Holy Spirit will make the Word of God part of my innermost being so that my mind would seek to understand YOUR counsel. And that the peace of God, which surpasses all comprehension, will guard my heart and mind in Christ Jesus, AMEN! (From Psa. 1:1-2, 119; Phi. 4:7).

#### **Submission**

Dear Heavenly Father, You have said that rebellion is the sin of witchcraft and disobedience is sin. I know that I have sinned in action and attitude. I have a rebellious heart. I ask Your forgiveness for my rebellion and pray that by the shed blood of the Lord Jesus Christ that any and all ground gained by evil spirits would be canceled. I pray that You shed light upon all my ways and that I may learn the full extent of my rebellion. I now choose to adopt a submissive spirit and a servant's heart. In the name of Christ my Lord, AMEN! (From 1 Sam. 15:23; Psa. 39).

# **Humility**

Dear Heavenly Father, You have said that pride goes before destruction and an arrogant spirit before stumbling. I confess that I have not denied myself nor picked up my cross to follow You. I have given ground to evil in my life. I have believed that I could be successful and live by my own strength. I now confess that I have sinned against You by placing my will before Yours and by centering my life around me. I now renounce [Name your pride aloud] and my selflife. And by so doing You have now canceled the ground gained by this evil. I pray that You will guide me so that I will do nothing from selfishness or conceit, but with all humility of mind I will regard others as more important than myself. Jesus, enable me to love and serve others. I ask this in the name of Christ Jesus my Lord, AMEN! (From Pro. 16:18; Mat. 16:24; Phi. 2:3; Rom. 12:10; Jam. 4:6-19; 1 Pet. 5:1-10).

## **Forgiveness**

Dear Heavenly Father, I thank You for Your graces and patience. I know that Your kindness has led me to repentance. I confess that I have not extended that same patience and kindness toward others who have offended me, but instead I have held bitterness and resentment. I pray that You would bring to my mind those people that I have not forgiven so that I may choose to forgive them now. I also ask that if I have offended others, You will bring to mind those people I need to seek forgiveness. I pray this in the precious name of Jesus. AMEN! [Now list anyone you have not forgiven with their sins against you. Pray for each one declaring your willful decision to forgive them.] (From Mat. 5:23-24, 6, 18:35; Joh. 20:22; Psa. 80).

#### I am seated with Christ

As a child of God seated with Christ in the heavenlies and in the name and authority of the Lord Jesus Christ, I command Satan and all evil spirits to release me so that I am free to choose God's will. I now commit myself to do the will of God, and I submit my body as a living sacrifice to the righteousness of Jesus Christ. I refuse to be intimidated by the devils' lies. I am a child of the living God, and the evil ones cannot touch me. In Jesus' name, I pray the shed BLOOD, the CROSS, and the empty TOMB to be placed between me and all evil, AMEN! (From Psalms; Mat. 6:9-13; Ephesians).

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#### Truth = God's Word

Dear Father, I know that You desire truth in the inner self and that by facing this truth it is my way to liberation. I acknowledge that I have been deceived by the father of lies and that I have deceived myself. I pray in the name of the Lord Jesus Christ that You rebuke all deceiving spirits by the shed blood and resurrection of the Messiah. And since I have received You, I am now seated with Christ in the heavenlies; I command all deceiving spirits to depart from me. I ask You to search me because You know my heart and my anxious thoughts. I ask You to see if there be any deception with in me and to lead me into Christ's truth. In Jesus' name, I pray, AMEN! (From Joh. 8:32, 44, 16:13; 1 Joh. 1:8; Eph. 2:6; Psa. 139:23-24).

#### **Protection**

Dear Father, I acknowledge Your presence in this room and my life. You are the only omniscient (all-knowing), omnipotent (all-powerful), and omnipresent (always-present) God. I depend on You, for apart from Christ I can do nothing. I stand upon the truth of Your word that all authority in heaven and on earth has been given to Jesus Christ. Because I am now in Christ, I share in this authority that makes me free. I ask that You fill me with Your Holy Spirit and lead me into Your truth. I pray for Your complete protection and that You send the angels giving them charge over me [Name others, i.e. family, etc.]

I ask for Your guidance and protection. In Jesus' name, I pray, AMEN! (From Psa. 34, 57, 91).

## **Bedtime Prayer** (Sleeplessness)

I thank You, Lord. You have brought me into Your Kingdom. You have blessed me with every spiritual blessing in the heavenly realms. You provide sleep as a time of renewal for my body, mind, emotions, and spirit. I accept sleep as part of Your plan. You will guard my mind and my body during this rest and any anxious thoughts that I still now hold I give up to You. By my position as a child of God, I command all evil spirits to leave this place and never to return. I ask You, Heavenly Father, to appoint guardian angels to protect me, my family, and anyone else here. I commit this time for Your protection and peace. You are my Rock, my Fortress, and my Resting Place. I pray in the mighty name of the Prince of Peace, Jesus Christ, AMEN! (From Psa. 34, 91, 115).

#### **Daily Prayer**

Dear Heavenly Father, I honor You as my Lord and acknowledge that You are always present. You are kind and loving in all Your ways. I love You and I thank You that I am united with Christ, and I am now spiritually alive in You. I choose not to love this world, and I ask Your help to crucify my flesh and all its passions. I thank You for the life that I now have in Christ, and I ask You to fill me with Your Holy Spirit to cleanse me from sin. I declare my dependence upon You and I take my stand against Satan's lying ways. I choose to believe Your Word, and I refuse to be to be discouraged. You are the God of all hope. I am confident that You will meet my needs, and I thank you for giving me all that I have. I express with confidence that I can live today in Christ who strengthens me. I now take my stand against the devils and command them to depart from me. I submit my body as a living sacrifice and renew my mind by the living Word of God. That I may prove that Your will is good, acceptable, and perfect. I ask these things in the precious name of my Lord and Savior Jesus Christ, AMEN! (From Psa. 32, 23, 51; Mat. 6; Eph. 6).

## **Territory Cleansing: Home/Church/Work**

Abba Father, I/we acknowledge that You are the Lord of heaven and earth. I/we thank You for this place. I/we claim this place for my/our family as an area of spiritual safety and protection from evil. As children of God seated with Christ in the heavenly realm. I/we command every evil spirit to leave the areas in and under these structures and furnishings that may have been defiled by activities of previous occupants. I/we renounce all curses and spells cast against this place. I/we have the legal right to this territory and command all evil to leave this home. I/we ask You, Heavenly Father, to post guardian angels around this home (apartment, condo, room, etc.) to guard us and this territory against any attempts of the enemy to enter or disturb Your purposes for me/us. [OPTIONAL] (I/we now place salt and holy oil upon the corners of this land to mark my/our covenant with You.) I/we now place the BLOOD, the CROSS, and the TOMB between us, this land, and all the devils. I/we thank You, Lord, for doing this, and pray in the name of the Lord Jesus Christ, AMEN! [Now, remove any items of sin, false worship, idols, or spiritism. You may sprinkle salt to the four corners of the soil and/or anoint all doors/windows with holy oil.] (From Gen. 35:1-8; Lev. 2:13; Num. 18:19; Jud. 9:45; 2 Kin. 2:19-22; 2 Chr. 13:5; Psa. 61; Mat. 5:13-16, 6:9-14).

# **Specific Prayers**

#### **Renouncing Ancestral Ties**

I now affirm, reject, and disown all the sins of my ancestors. As one who has been delivered from the power of darkness and translated into the kingdom of God, I cancel out all demonic works that may have been passed on to me from my ancestors. [Name any curses, sins, etc.] As one who has been crucified and raised with Jesus Christ, I renounce all satanic assignments that have been directed toward me, my family, and my job [Ministry, etc.]. I reject any and every way in which the devils may claim ownership of me. I now belong to the Lord Jesus Christ. who purchased me with the blood. I reject all other blood sacrifices whereby Satan may claim ownership. In Christ, I now cancel every curse that the devils have put on my family and me. I now announce to all evil spirits that Christ became a curse for me when He died on the cross and that any ancestral ties and curses are now and forever broken by His BLOOD. As a spiritual child of Abraham, I declare myself to be eternally committed to the Lord Jesus Christ. According to the synergy of the ages and the authority that I have in Jesus Christ, I now command every enemy of the Lord Jesus Christ to leave my presence and my family. In Jesus' name, I pray, AMEN! (From Exo. 20:4-5; Psa. 130; Gal 3:13; Hebrews).

#### Sexual sins

[Read Galatians 5:19-21; Ephesians 4:25-31; Mark 7:20-23 before praying.] I confess that I have given into sinful desires which wage war against my soul. I thank You that in Christ my sins are forgiven, but I have broken Your holy law and given the devil a chance to wage war in my body. I come to You now to confess and renounce these sins of the flesh so that I might be cleansed and set free from the bondages of sin. Holy Spirit, reveal to my mind now all the sins of the flesh I have committed [specifically name your sins.] I confess that these sins have grieved the Holy Spirit. In Jesus' holy name, I ask for His blood to cleanse me. AMEN! (From Rom. 6:12-13; Jam. 4:1; I Pet. 5:8; Pro. 28:13; 2 Cor. 4:2)

### Renouncing sexual soul ties

Lord, I renounce [Name the specific use of your body] with [name that person] and I ask Jesus to break this fleshly bond. In Jesus' name, I pray, AMEN.

I now forgive myself [Name your name] for sinning against my body. I forgive myself for hating and rejecting myself. I renounce the spirit of self-hate and self-rejection, leave me, go now in Jesus name. [Name your name] I forgive you, I love you, I accept you. Jesus Christ accepts and Loves me! AMEN! (From 1 Cor. 6:13-20)

#### **Habitual Sins**

Dear Heavenly Father, You have told us to put on the Lord Jesus Christ and to make no provision for the flesh regarding its lusts. I acknowledge that I have allowed fleshly lusts to war against my soul. I ask You to reveal to my mind the ways that I have transgressed Your moral law and grieved the Holy Spirit. I come before Your presence to acknowledge these sins and to seek Your cleansing that I may be freed from the bondage of these sins [List sins individually and ask for forgiveness. Pray for any sins from Gal. 5:19-21.] In Jesus' precious name I pray, AMEN! (From Jam. 5:16, 4:1; Rom. 13:14, 6:12-13; 1 Pet. 2:11, 5:8; 1 Joh. 1:9).

#### **Substance Abuse**

I am addicted to [Name all drugs], and I cannot stop using them. I have no power within myself to break free from these addictions. Jesus, I now confess my sinful use and misuse of legal and illegal drugs. I have sought to please myself instead of You. I know that I cannot save myself from this bodily and soulful addiction. I cry out to you for Your salvation. I ask for a healing miracle to rid my body and soul of all the negative effects of these drugs.

Heavenly Father fill me with the Holy Spirit and cleanse my mind and body with Your refreshing waters, In Jesus' name, AMEN! (From Acts 2:38, 3:19-20).

## **Eating Disorders or Cutting**

I renounce the lie that my self-worth is dependent upon my appearance or performance. I renounce the cutting of myself, purging, or defecation as a means of cleansing. I announce that only the blood of the Jesus Christ can cleanse me from sin. I accept the reality that there may be sin in me because of the lies I have believed through the wrong use of my body. But, I now renounce the lie that I am evil or that any part of my body is evil. I announce the truth that I am totally accepted by Christ just as I am and who I am. I am a beautiful child of God. And God LOVES ME!. In Jesus' name, I pray, AMEN!

**Abortion** [Pray if you have had any involvement with an abortion.] Lord, I confess that I did not assume stewardship of the life You entrusted to me. I ask Your forgiveness. I choose to accept Your forgiveness by first forgiving myself. I now forgive myself [Name your name] for sinning against my body.

I now commit that lost child to You for Your eternal care. I renounce any spirits of death and murder. I ask for Your cleansing forgiveness, In Jesus' name, AMEN! (From Psa. 51).

## **Suicidal Thoughts**

I renounce the lie that I can find peace and freedom by taking my life. Satan is a thief, who has come to steal, kill, and destroy. I choose to live in Christ, who said: "He came to give me life and to give it abundantly." I now claim my life in Christ. In Jesus' name, I pray, AMEN! (From Joh. 10:10).

## Renouncing the Satanic or Occult

Dear Heavenly Father, I ask You to guard my heart and my mind and to reveal all involvement I have had either knowingly or unknowingly with occult practices, false religions, false teachers, and spiritism. In Jesus' name, I pray AMEN! [Now list satanic or occult practices i.e. blood acts or rituals.]

Lord, Jesus I renounce and ask for forgiveness for my participation in...[Name all acts/rituals]...and I proclaim the forgiveness through the blood of the Lamb, Jesus the Messiah.

## [Finish all prayers with the following.]

## **Dedication of one's Body**

Lord, I renounce all the uses of my body as an instrument of unrighteousness and by doing, I ask Jesus Christ to break all bondages tied to Satan that has been brought into my life. I confess my participation, and I now present my body to You as a living sacrifice, holy and acceptable to You. I reserve the sexual use of my body only for Your marriage bed. I renounce the lies from the devils that my body is not clean, that it is dirty or in any way unacceptable as a result of my past sexual sins.

Lord, I thank You that You have totally cleansed and forgiven me. You love and accept me unconditionally. Therefore, I can accept myself. And I choose to accept myself and my body as clean. In Jesus' name, AMEN!

## There is Nothing In Me!

I know that Jesus warned that "the prince, the evil genius, the ruler of this world" would come. I now declare that Satan and the demons have "no claim on me." They have nothing "in common with me" and "there is nothing in me that belongs" to them. I declare that I am Christ's both inside and out. Jesus, the Messiah, is my Lord and Savior. The evil spirits have no power over me. I renounce any and all claims the devils may have upon me. I now announce that all demons must leave my presence and sent to the feet of Jesus. I now proclaim that Christ's work on the cross, the blood, and the empty tomb are placed between me all evil. In Jesus Christ's name, I pray AMEN! (From Joh. 14:29-31).

## **Holy Spirit's Consecration**

Dear Heavenly Father, I come to You as Your child purchased by the blood of the Lord Jesus Christ. You are the Lord of the universe and the Lord of my life. I submit my body to You as an instrument of righteousness, a living sacrifice, that I may glorify You in my body. I now ask You to fill me with Your Holy Spirit, in the name of my Lord Jesus Christ, AMEN! (From Luk. 11:11-13; Act. 2:38).

#### **Christ's HOPE**

I pray that the eyes of my heart may be enlightened so that I will know what is the hope of Christ's calling, what are the riches of the glory of His inheritance in the saints, and what is the surpassing greatness of His power toward me who believes. This is my hope and by the working of God's might brought about in Christ, whom He raised from the dead and is seated at His right hand in the heavenly places. I am now seated with Christ and proclaim my adoption into His Kingdom, AMEN! (From Eph. 1:18-20, 2:4-7).

# **Prayer of Blessing**

The Apostle Paul knelt in the presence of the Father and asked to give me the gift from the wealth of His glory. He prayed that God would give inner strength and power through His Spirit. That Christ would live in me through faith, and that love would be the ground into which I sink my roots and on which I have Christ's foundation.

In this way, God's people will be able to understand how wide, long, high, and deep His love is in me. I will know Christ's love, which goes far beyond any knowledge. Paul prayed that I would be filled with God. This is the glory that belongs to God, whose power is at work in me. By this power, God will do infinitely more than I can ask or imagine. Glory belongs to God in the Church and in Christ Jesus for all time and eternity! By the synergy of the ages, I affirm Paul's blessings in my life. AMEN!" (From Eph. 3:14-21 GW).

May God be merciful to me, and bless me, and cause His face to shine on me. So that God's way may be known on earth and Your salvation to all nations. O' God; let all the peoples Thank You. Let the nations be glad and sing for joy. Let the peoples give thanks to You, O' God; let all the peoples praise You. So that, the earth shall yield its increase. God, my God, shall bless me. God shall bless me, AMEN! (From Psa. 67:1-7 MKJV)