

Overcoming: FEAR, TERROR, TORMENT, WORRY, and ANXIETY

Bible Study: Read, study, and meditate upon the following passages. Let the Holy Spirit work God's view of your fear before you proceed. (1 Jo. 4:18; Job 3:25-26; Pro. 1:33; 9:10; 3:24-26; 29:25; Rom. 8:15; Psa. 23; 27; 46; 56; 91; John 14:27; Mat. 10:28; 1 Pet. 3:6, 5:6-7; 2 Tim. 1:7)

Check all that apply and write down any others that God brings to your mind. Then, one by one renounce those fears aloud, using the suggested renunciation below.

- Fear of not being loved by God
- Fear of failure
- Fear of the future
- Fear of financial problems
- Fear of being a hopeless case
- Fear of embarrassment
- Fear of losing my salvation
- Fear of having committed the unpardonable sin
- Fear of death
- Fear of Satan
- Fear of rejection by people
- Fear of disapproval
- Fear of never loving or being loved by others
- Fear of marriage
- Fear of never getting married
- Fear of divorce
- Fear of going crazy
- Fear of pain/illness
- Fear of the death of a loved one
- Fear of being victimized by crime
- Fear of becoming/being homosexual
- Fear of confrontation
- Fear of special individuals. List them:
- Other specific fears that come to mind now:

Pray: *I renounce the (name all the fears checked above and then move on.)*

God has not given me a spirit of fear. I choose to live by faith in the God who has promised to protect me and meet all my needs as I walk by faith in Him. For God did not give me a spirit of FEAR, TERROR, TORMENT, WORRY, and ANXIETY but Jesus Christ has given me the of power and of love and of calm and well-balanced mind and discipline and self-control. (Psa. 27:1; Mat. 6:33, 34; 2 Ti. 1:7)

I know that Jesus warned that "the prince, the evil genius, the ruler of this world" would come. I now declare that the Devil and his demons have "no claim on Me." They have nothing "in common with me" and "there is nothing in me that belongs" to the Devil. I declare that I am Christ's both inside and out. Jesus, the Messiah, is my Lord and Savior. "His evil spirits have "no power over me. I renounce any and all claims the Devil may have upon me. I now announce that all demons must leave my body because of Christ's work upon the cross, the blood, and the empty tomb. In Jesus Christ's name, I pray. And I bind and cast out all demons of FEAR, TERROR, TORMENT, WORRY, ANXIETY and any other evils spirits tied to them by the authority of Jesus I now send them to His feet, AMEN. By the authority of Jesus' name.

I now claim that the cross and the empty tomb be placed between me and these evils spirits and forbid them or any other demons from returning in Jesus' name. I know that I am blessed because I do not walk in the counsel of the wicked, Nor stand in the path of sinners, Nor sit in the seat of scoffers! But my delight is in the Word of the LORD, And in His Word, I will meditate upon day and night. I pray that the Holy Spirit will make the Word of God part of your innermost being so that my mind would seek to understand the counsel of God. And the peace of God, which surpasses all comprehension, will guard my heart and minds in Christ Jesus. This is a river of refreshing that will sanctify my body, my mind, my will, and my emotions keeping them healthy and faultless until our Lord Jesus Christ returns" Amen. (Joh. 14:29-31; Psa. 1:1-2; Phi. 4:7; 1 Th. 5:23; Mat. 9:22)

Faith is choosing to believe God's word and not our present or future circumstances. Jesus would often say to those who received healing: "Take courage your faith has made you whole." "So if the Son makes you free, you will be free indeed. (Joh. 8:36) For you have not received a spirit of slavery leading to fear again, but you have received a spirit of adoption as sons by which we cry out, "Abba! Father!" (Rom. 8:15)